

# Week One Menu

Served weeks commencing:  
4<sup>th</sup> Nov, 25<sup>th</sup> Nov, 16<sup>th</sup> Dec, 20<sup>th</sup> Jan, 10<sup>th</sup> Feb



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	<b>Langford Sausages with gravy</b>  Mashed potato Peas Carrots	<b>Homemade Beef Lasagne</b>  Herby Potatoes Sweetcorn Broccoli	<b>Roast Chicken</b>  with Gravy Roast Potatoes Cauliflower Swede	<b>Mild Beef Chilli Con Carne</b>  50/50 White and Wholegrain Rice Sweetcorn Broccoli	<b>Fish Fingers</b>  Chips Peas Baked Bean
VEGETARIAN	<b>Vegetarian Sausage with gravy</b>  Mashed potato Peas Carrots	<b>Vegetable Lasagne</b>  Herby Potatoes Sweetcorn Broccoli	<b>Roast Quorn Fillet</b>  with Gravy Roast Potatoes Green Beans Carrot	<b>Vegetable Chilli sin Carne</b>  50/50 White and Wholegrain Rice Sweetcorn Broccoli	<b>Tomato &amp; Cheese Pizza</b>  Chips Peas Baked Bean
JACKET POTATO / PASTA DISH	<b>Pasta with Tomato and Basil Sauce</b>	<b>Jacket Potato</b> with a choice of filling  <b>Tuna Mayonnaise Cheddar Cheese Baked Beans</b>	<b>Pasta with Tomato and Basil Sauce</b>	<b>Jacket Potato</b> with a choice of filling  <b>Tuna Mayonnaise Cheddar Cheese Baked Beans</b>	<b>Pasta with Tomato and Basil Sauce</b>
SANDWICH	<b>White Bap</b> with your choice of  <b>Tuna Mayonnaise Cheddar Cheese Ham</b>	<b>White Sandwich</b> with your choice of  <b>Tuna Mayonnaise Cheddar Cheese Ham</b>	<b>White Bap</b> with your choice of  <b>Tuna Mayonnaise Cheddar Cheese Ham</b>	<b>White Bap</b> with your choice of  <b>Tuna Mayonnaise Cheddar Cheese Ham</b>	<b>White Baguette</b> with your choice of  <b>Ham Cheddar Cheese</b>
DESSERTS	<b>Lemon Sponge</b> with custard	<b>Shortbread Finger</b> with Fruit Wedge	<b>Iced Chocolate Sponge</b>	<b>Jam Sponge and Custard</b>	<b>Fruity Friday</b>

## AVAILABLE DAILY:

Choice of Wholemeal Bread, Fresh Salad Bar, Water, Fresh Fruit, Fruit Yoghurt and Fruit Jelly.

